

## Social, Emotional, Mental Health Provision at St Teresa's

Social skills and emotional well-being are promoted for all children through:

- Teaching of PSHE (Personal Social and Health Education) and SEAL (Social and Emotional Aspects of Learning) curriculum
- The school's Catholic Ethos of forgiveness and respect for others
- Teaching of the Come and See Religious Education programme
- Special focus weeks, such as Anti-bullying week
- High expectations of good behaviour, through the School's Behaviour Policy. Every class follows 123 magic and has a display to help children regulate their behaviour.
- Every class displays a stop/start display clearly setting out Class rules and expectations.
- Every class displays photos of staff children can approach if they need help.

In Key Stage 2 a system of Q cards are in place to modify behaviour.

The School professionals strive to work together with families to provide individual educational, behaviour management and intervention plans. We have a part time Social Worker, Claire Spruce, who can offer extra support to some children and their families. Some of these intervention programmes include:

- Circle of Friends
- Playtime support
- Anger Management Training
- Bereavement
- Social skills groups
- 1:1 mentoring
- Conflict resolution
- Family support
- Play skills
- Individual target charts and behaviour modification.

We also access outside agencies, such as Behaviour Support, CAMHS, SPIRALS, the Greater Project (Domestic Violence Forum), Children's Centre, Targeted Family Support, Priority Families.